



The Mother
Club of
District 9350



*Serving our
communities.*



And now facing the Future

- Rotary Youth Camps Glencairn
- Senior Security
- Adventure into Citizenship
- Educations Trust
- Avo Tree Project
- Feeding Scheme at the Pink House
- Adopt a Learner
- House of Youth
- Supporter of Rotary Foundation
- And more

TABLE TOPICS

27 MAY 2025 President: STEVEN BOERS Mother Club of District 9350 Editor: Myra Goldenbaum



Where we meet ROYAL CAPE YACHT CLUB

Visitors please contact our secretary if you wish to join either the 2nd or 4th Tuesday of the month for particulars or link contact secretary.

TABLE TOPICS

Myra Goldenbaum

Please send your news pictures or enquiries to

myra.goldenbaum@newneon.co.za

Meets

2nd & 4th Tuesdays
Royal Cape Yacht Club
at 17.30 for 18.00

GPS COORDINATES

- South 33 o 55" 14'
East 18 o 28" 33'

TREASURER :

Barbara Whitfield
clubrcocot@gmail.com

Club Secretary

Dr Pat Mayers

0824672302

secretaryrcocot@gmail.com



PRESIDENT STEVEN BOERS

steven@archiba.co.za





The 'Mouse's Click' from ... Myra

'This 'n That'

MAY IS

YOUTH SERVICE MONTH

Thank you for serving
our District 2024/25



Stephen Young
District Governor
District 9350

I am always in awe of the 'Changing of the Guard' and think Rotary is an example of the importance of leadership change. I have been working for social justice since sixteen. First I raised money by organising discos and concerts for the families whose breadwinners were in jail for the than Social Services. Then Child Welfare etc etc until Rotary [Myra](#)

I took this from DG Stephen's post as it is so relevant.

"Everywhere there were people but nowhere a familiar face."

That's how Paul Harris felt in 1905 before he founded Rotary. The need for connection is still real today. We scroll more but connect less.

Rotary began as one person's answer to loneliness. Today it is a global network of humans helping humans, whether that's riding 102 miles to #EndPolio or ensuring communities have clean water.

If you've ever felt the weight of loneliness, your next chapter might just begin at a Rotary meeting



**Message from
President Steven**

**'Centenary
Chatter'**



100 years

Howzit, all readers of this erudite newsletter!!!

What an enjoyable meeting we had this week with a large crowd from the Rotary Club of the Waterfront and also with two guests who are serious about joining our Club, the Rotary Club of Cape Town! **Palle Bo**, a Dane and travelling the world extensively as the "Radio Vagabond" has been intermittently visiting us since 2013 and who loves Cape Town, and then **Yashin Raghavjee**, currently still a member of the Warsaw Rotary Club who has returned to South Africa, and joined us for a second time - we're delighted.

The other regular visitor and of course great supporter of the current Pres of RCCT was . . (brrrr - drumroll) **Denise Boers**! We did miss those members of ours who could not manage to join us, be it for reason of distance, incapacity or busy business. Hopefully we see you soon!

Thank you must go to Pres **Mymoena** who led the Waterfront team, a vibrant Club with which we have regular interaction of late and with whom we hope to collaborate further. May this be the beginning of close and meaningful relationships.

Ciao

Steven Boers



LEFT: President Steven hosting the Rotary Club of Waterfront at our last meeting.

Seen here with incoming president (Captain) of Waterfront Club, Tony Austin



President of the RC of the Waterfront Mymoena Ismail addressing the clubs



At our last meeting ... R C of Waterfront paid us a visit at the Royal Cape Yacht Club



**The 'one and only' Denise Boers
RCCT**

RC Waterfront members: From corner LEFT: Nadene Rolston, Michelle Whitehead, Spiro Mitchell (Dr Rainer Brinkmann RCCT,) Lionel & Debbie Daniels, Mymoena Ismail, Dirk Hoffman, Piet Postema, Sue Truter



**President Steven RCCT & Incoming president Tony Austin
RCW**



**Yashin Raghavjee RC Warsaw, Hein Wolvaardt RCCT, Francois Coetzee
RCCT, Achim Kuessner RCCT, Cole Davids RCCT.**



Spiro Mitchell RCW, Michelle Whitehead RCW, Nadene Rolston RCW



President Steven RCCT and Jenny Hacker visitor



Piet Postema RCW, Sue Truter RCW

**RIGHT: Hein Wolvaardt RCCT
Francois Coetzee RCCT**



Dennis Hacker visitor, Johan March RCCT, Palle Bo RCCT



Dr Pat Mayers RCCT



Sue Truter RCW, Dirk Hoffman RCW, President Mymoena Ismail President RCW, Debbie & Lionel Daniels RCW

1925



2025

Our project Rotary Youth Camps GLENCAIRN

where we share the power of a dream

Bergvliet Cubs enjoy Glencairn

On the 16th of May, the young witches and wizards of the 2nd Bergvliet Lukannon Pack, gathered at Platform 9 3/4 to embark on a weekend of magic and adventure.

They boarded the Hogwarts Express at Heathfield Station, with much excitement, many of them never having been on a train before.

On arrival at Glencairn Train Station, they disembarked and received "sorting cupcakes" to discover which house they would be in for the weekend. These were a welcome treat to fuel them for the 30minute walk to Hogwarts (Glencairn Rotary Campsite).

What followed was a fun-filled weekend of science and learning; of campfires and walks to tidal pools; of new friendships, and old ones made stronger; of reflection and reinforcing Cub principles of community and care; and of delicious food served by selfless house elves.

We concluded the weekend with closing parade and badge presentation, and EXHAUSTED witches, wizards, professors, house elves and one very tired but very happy Madame Pomfrey



Our project Rotary Youth Camps GLENCAIRN



CUBS from 2nd Bergvliet had there camp at Allan Jeffes Camp. They were led by Sam Dancer.

The Bergvliet cubs walked the Rotary Labyrinth that was recently cleared by Scouts doing their Springbok tasks.



Some children
were given Avos
to taste—and had
never eaten an
Avocado



PLEASE CONTACT
DENISE BOERS FOR MORE
INFORMATION;
Architects Boers Associates
denise@archiba.co.za

OUR 'AVO' Trees Project Report Denise Boers

130 Avocado trees grown from pips
planted, were delivered to
Montana

Rainer Brinkman and Denise Boers
went to the Al- Waagah School for
the deaf - to assist them with
planting some of the Avocado
trees. Only one child was deaf.

The remainder will be given to
Latiefa Ishmail who will distribute
them to 15 schools and institutions
that have shown interest in the
area.

Avocado Trees will also be given to
8 of her backyard garden group to plant at
their plots in Montana



Dr Cassiem DeWet, Rotarian Rainer Brinkman, Denise Boers with
Latiefa Ishmail and her daughter seen with the Avo trees. Latiefa
will arrange to have avocado trees planted at 15 schools and
institutions that have shown interest.



Dr Rainer Brinkmann assisting the children at the Oasis Montessori
Academy School planting Avocado trees.



OUR 'AVO' Tree Project



1000 Avo Tree Challenge



Proposal

Cape Town Rotary 1000 Avo Tree Challenge started with a dream to plant trees that could bear fruit and feed the hungry.

Through planting Avo pips in disadvantaged community settings the hope is to green our schools and public spaces.

Objectives & Goals

The objective is to collect the pips of avocado pears that we eat at home and germinate them until they are small trees ready to be planted at schools, in public spaces and in parks. Each small tree should be allocated to a school child who will nurture and tend to it until it is well established. The hope is that in planting trees for the future, children will experience the joy of caring for plants and the natural environment, and that they will experience the abundance and generosity of plants through the shade provided and fruit borne by the trees. The tree planting is an investment in their futures and in the future of their communities!



Trees for a greener future!



Trees for hope!

Rotaract 

Rotary
Club of Cape Town
1925–2025



100 years
Creating change together

For more info contact Denise Boers

MEET OUR INCOMING 2025/26

DISTRICT GOVERNOR

Pamella Rawbone

Pam and DG Steven at DISCON



Pamella Rawbone's journey with Rotary is one of unwavering commitment, impactful leadership, and a deep passion for service. As a club member of Rotary Club of Bellville and incoming District Governor (District Governor Elect), she brings decades of experience in community service, youth development, and organisational leadership, embodying the Rotary ideal of *ACT4IMPACT*.

A dedicated Rotarian since 2013, Pam has played a pivotal role in the club, having served as President for three consecutive years (2018-2021), as well as Secretary, Youth Services Director, and Club Services Director. Her leadership extends beyond the club level; she has served twice as Assistant Governor for three city-based clubs in District 9350 and held the position of District 9350 Youth Chair from 2021 to 2024. Currently, she is the District Governor-Elect for District 9350, set to take on this leadership role from July 2025 to June 2026.

Pamella's passion for youth empowerment is evident in her long-standing involvement with the Rotary Youth Exchange Programme. As Chair of the Rotary Youth Exchange Committee for six years and a representative for Southern Africa on two Rotary International Youth Exchange Committees, she has worked tirelessly to create opportunities for young people to grow, learn, and make a difference in their communities.

Beyond Rotary, Pamella has been an advocate for public service, having served on the board of Karl Bremer Hospital as a civil society representative from 2022 to 2024. Her contributions to Rotary and the community have been recognised through multiple Paul Harris Fellow awards, receiving her first in 2016, followed by a Sapphire Pin in 2019, and a third in 2023.

Pamella's dedication to education and mentorship stems from her background as a high school teacher. From 1975 to 1993, she taught Geography, History, and English at Groote Schuur High in Cape Town and Fourways High in Johannesburg. She also contributed to sports development, coaching swimming and hockey for first teams at both schools.

A proud resident of Durbanville, Pamella shares her life with her husband, fellow Rotarian David Rawbone, to whom she has been married for 48 years. Together, they have three adult children—Lauren and twins Tim and Kate—and are doting grandparents to twin granddaughters, Maria and Georgina.

As she steps into her new role as District Governor of 9350, Pamella remains dedicated to strengthening Rotary's impact, fostering youth leadership, and championing initiatives that uplift the community. Her leadership, vision, and passionate spirit continue to inspire those around her, ensuring that Rotary's mission thrives.



News from District ...Presidential Inductions

GAIL SYKES



2025 - 2026



2024 - 2025



2023 - 2024



2022 - 2023



Invitation Helderberg Sunrise Rotary Club

Rtn. Malcolm Garbutt
President 2024 - 2025
**HELDERBERG SUNRISE
ROTARY CLUB**

Cordially invites
you and your Partner to the

INDUCTION CEREMONY
of our 20th President
Rtn Gail Sykes (2025-2026)
and her Board Members

WEDNESDAY 2nd JULY 2025

18:00 Fellowship
Welcome Drink
18:30 Induction
3 Course Dinner

SOMERBOSCH WINES
R44, Stellenbosch

DRESS Semi-Formal **PRICE** from R380-R420
See Menu Options

RSVP sonja@hsrotary.co.za
- including food choices -
before 10 June 2025

Induction Invitation

Rotary Club of Waterfront



PRESIDENT TONY AUSTEN

"STRENGTHENING THE WINDS OF CHANGE"

Please join us for a celebratory breakfast
to pipe aboard Tony Austen as the 35th
Captain of the Rotary Club of Waterfront!

5 JULY 2025
09:00 AM for 09:30 AM

Kelvin Grove Club, Newlands
Dress: Smart Casual
Cost: R290 pp
RSVP: By 2 July 2025

UNITE FOR GOOD

Payment to:
Rotary Club of Waterfront
Standard Bank Acc:
07025 8872
Ref: 'Your Name'

You are invited to the
Induction of

John Stephenson

as President of the
Rotary Club of Newlands

Tuesday 8 July 2025
from 6.15 pm at the Bowls Clubhouse,
Western Province Cricket Club
Ave de Mist, Rondebosch

Function starts at 7pm
Cost: R300 pp including wine on the table

RSVP: Grant Irlam: girlam@lafira.com
by 18 June latest
Please advise of any dietary constraints

Dress: Smart Casual
African Chic

Rotary Club of Newlands **UNITE FOR GOOD**

Club of Newlands Bank Details: ROTARY CLUB OF NEWLANDS - STANDARD BANK - ACCOUNT NO: 0126215

Rotary Club of Newlands

JOIN US FOR THE INDUCTION OF:



LESTER CAMERON

TUES 17 JUNE 2025 | 18:00 FOR 18:30

Kelvin Grove, 144 Campground Rd, Newlands

Dress Code: Smart/Casual
RSVP with meal preference
Meat or Vegetarian
to: monique.stuart@roanmail.com by 15 June

Rotary Club of Newlands



Happy Birthdays

27 MAY

Club Meeting

JUNE

Club Meeting

MAY

MEMBERS: Nil for Now

PARTNERS: PARTNERS: Nil for now

Thoughts and more thoughts !

For news, photos, jokes etc
PLEASE CONTACT ME ...Myra
myra.goldenbaum@newneon.co.za

Anniversaries

Nil For Now

COMMON IDIOMS FOR IELTS

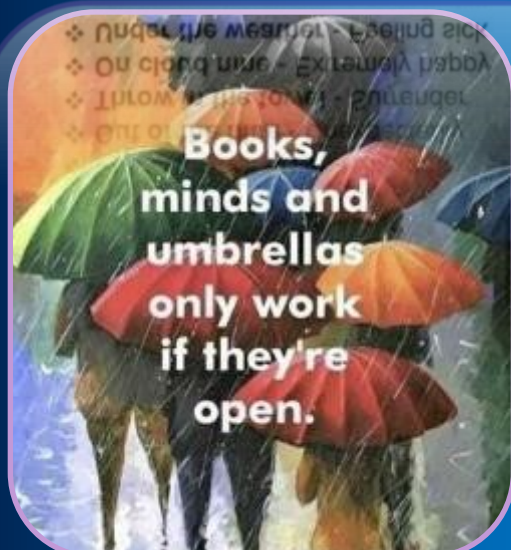
- ❖ Hit the road - Leave
- ❖ Kick the bucket - Die
- ❖ Break a leg - Good luck
- ❖ Piece of cake - Very easy
- ❖ Fit as a fiddle - Healthy
- ❖ Hit the sack - Go to sleep
- ❖ Last straw - Final problem
- ❖ Jump the gun - Act too soon
- ❖ Break the ice - Ease tension
- ❖ Call it a day - Stop working
- ❖ Throw in the towel - Give up
- ❖ See eye to eye - Fully agree
- ❖ Put your foot down - Be firm
- ❖ Out of the blue - Unexpectedly
- ❖ Throw in the towel - Surrender
- ❖ On cloud nine - Extremely happy
- ❖ Under the weather - Feeling sick

From one of Rotary's greatest supporters



7 HABITS FOR SUCCESS

- 1. Read** every day.
- 2. Make your health** a priority.
- 3. Develop an attitude of gratitude.**
- 4. Learn** from people you admire.
- 5. Plan** your day the night before.
- 6. Keep your goals** in front of you.
- 7. Take actions** even when it's scary.



Until
Next
Time